

# THE 80 DAY PANDEMIC PILGRIMAGE - AN INVITATION

## Baptism of the Lord - Palm Sunday

(Sunday January 10th - Sunday March 28th)

**The Invitation.** You are invited to take part, to whatever degree you wish, or are able, in this special spiritual program. I am confident it will bring you closer to the Lord, and at the same time place you in prayerful solidarity with your sisters and brothers in these challenging days.

**Why pilgrimage?** These pandemic days will end and I believe when they do it is so important that we do not go back to where we were before. Actually it's not possible to go back but we could miss or lose the graces offered to us in these days in our desire to get back to 'normality.'

**The inspiration** for this pilgrimage came as I recently re-read T.S.Eliot's Journey of the Magi:

'...We returned to our places, these Kingdoms,  
But no longer at ease here, **in the old dispensation,**  
With an alien people clutching their gods...'

The aim of this pilgrimage is to help us build and embrace '**a new dispensation**' that will place Christ firmly at the centre and nourish our spiritual life in new and sustained ways.

**What is involved?** I do not envisage that some one would be present for all of the activities.

Given that it's a **virtual** pilgrimage everyone is not there all of the time but there is always enough of us there to carry the pilgrimage...to keep the flame lit! 

Prayer Walking - mulling over piece of scripture/ carrying in your heart an intention as you walk  
New series of talks on Jesus - 10 weeks, Wednesday 8 pm beginning Weds January 13th  
Friday Fasting - one light meal.....Spiritual Reading ( particularly on Friday)  
Celebration of the Eucharist.....Sacred Silence - 30 mins daily - perhaps two 15 minute periods.  
Guided Meditations....Morning Prayer/Night Prayer and Scripture Rosary.

### What is the weekly program?

**Sunday.** 6.30 am 9am 11am 12 noon

Perhaps you might consider joining us for Morning Prayer at 6.30 am on Sunday which is immediately followed by the Dawn Mass. This has proved to be a special time in our week.

**Night Prayer at 9.30 pm. ( includes suggestions for three prayer walks in the coming week).**

**Monday.** Day of Personal Reflection/ Weekly Prayer Walk 1 / Spiritual Reading

**Tuesday.** Eucharist at 9.15 am and 10 am Scripture Rosary 7 pm

**Wednesday.** Eucharist at 10 am & 7 pm. 3 pm Meditation 8-9 pm Talk. 9.30 pm Night Prayer

**Thursday** Eucharist at 9.15 am and 10 am. Weekly Prayer Walk 2

**Friday** Fast Day/ Spiritual Reading. 3 pm Meditation. Eucharist 7 pm Night Prayer 9.30 pm

**Saturday** Eucharist 10 am Scripture Rosary 12 noon. Weekly Prayer Walk 3

All of the above is accessed on [celstra.ie](http://celstra.ie) on either of our church cameras and often on our mobile camera. I can be contacted via the Parish Office or email me at [joe\\_mcdonald2006@yahoo.ie](mailto:joe_mcdonald2006@yahoo.ie)  
I hope you will join us on pilgrimage, fraternally JoeMcD